Individual Development Plan for Postdoctoral Fellows

A. Information/Signatures

Name of Postdoctoral Fellow: _____________________________

Department: _____________________________

Signature: Date: _____________________________

PI: _____________________________

PI signature/Date: _____________________________

Departmental Chair Signature: /Date: _____________________________

A. Research

1. Describe the aims and experimental approaches of your current research project(s)

2. What is the significance of your research?
B. Annual Progress Report

1. List or briefly describe major research accomplishments this year (do not include publications or presentations here):

2. List new techniques/expertise acquired this year:

3. List references for publication submitted or published this year.

4. List your funding source(s) and grants applied for this year.

5. List honor/awards received this year.
6. List accomplishments this year in other aspects of career developments (e.g. teaching, clinical, committees, etc.).

C. Plans for Up-Coming Year

1. Research Project Goals for the up-coming year (briefly):

2. What are you plans for:
   a. Improving your scientific writing skills?
   b. Improving your oral presentation skills?

3. Anticipated research techniques to learn in the up-coming year:

4. Anticipated publications to submit in the up-coming year:

5. Anticipated meeting and workshop attendance in the up-coming year.
6. Fellowship or other funding applications planned for the up-coming year.

7. Anticipated collaborations to establish in the up-coming year:

8. Anticipated other professional training for the up-coming year:

9. How can your PI/mentor help you achieve your goals for the upcoming year? What do you want/need from your PI/mentor?

D. Career Goals
1. What are your short-term career goals? Describe your timeline for achieving them?
2. What are your long-term career goals? Describe your timeline for achieving them?

3. What further research activity or other training is needed before it is appropriate to start a job search?

4. When will you begin a job search? If you do not know, estimate.